

# Non-Palpable Invasive Lobular Carcinoma Initially Diagnosed by Inguinal Lymph Node Biopsy

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## Summary

Metastasis to the inguinal lymph nodes or the vulva from breast cancer is a very rare event with very few cases reported in literature. A 38-year-old lady with a complaint of progressive abdominal enlargement. Physical examination was unremarkable apart from abdominal enlargement and enlarged right inguinal lymph node. Radiology showed marked ascites, omental thickening, bilateral small ovarian masses, suspicious right inguinal lymph node (LN) as well as breast fibrocystic disease. Cytological examination of the ascitic fluid revealed malignant cells. Core needle biopsy from the inguinal LN suggested metastatic breast carcinoma. Breast MRI showed heterogeneous fibroglandular tissue and moderate parenchymal enhancement. Random core needle biopsies from the breast led to the diagnosis of invasive lobular carcinoma. The patient received 8 cycles of docetaxel/ carboplatin protocol, with partial response.

Next, she was maintained on hormonal treatment (Anastrozole) till the ascites re-accumulated. Vulvar nodules appeared whose biopsy revealed infiltration by the same tumoral tissue. She received 6 cycles of Endoxan and Pharamubicin till regression was achieved, and then she was subjected to Exemestane. Thorough clinical assessment including of all lymph nodes basins and gynecological assessment is crucial in all breast cancer patients particularly those with invasive lobular subtypes.

**Key words:** Breast neoplasms, Lobular, Vulva, Vulvar metastasis, Neoplasm metastasis

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## Introduction

The common sites of nodal metastases from breast cancer are the axilla, supraclavicular and infraclavicular fossae, the mediastinum and the internal mammary chain. Metastasis to the inguinal lymph nodes is very rare (1).

We present a patient with non-palpable invasive lobular carcinoma diagnosed by biopsy from an inguinal lymph node, which was confirmed by breast random multiple core biopsies from the breast. The patient later on developed multiple vulvar metastases.

## Case report

A 38-year-old lady with non-relevant medical or surgical history was referred to our center for oncological assessment from the specialized internal medicine hospital. She complained of progressive abdominal enlargement. Clinical examination revealed diffuse abdominal enlargement with no palpable masses. Breast examination was unremarkable. There were palpable right inguinal lymph nodes. Abdomino-pelvic ultrasonography (Fig. 1) and magnetic resonance imaging (MRI) showed no abnormalities apart from marked

ascites, omental thickening and bilateral suspicious small ovarian masses, the largest measured 3.7 cm in diameter.



Figure 1: Pelvic U/S showing ascites and bilateral complex cystic adnexal masses

Tumor markers showed significant elevation (CA 15-3= 112 (0–26.4 U/mL), (CA 125 = 233 (0–35 U/mL)). Bilateral mammographic evaluation (Fig.--2--) revealed bilateral increased density in upper outer quadrants, with focal

asymmetry in the right breast upper outer quadrant with no definite mass density, architectural distortion or pathological calcifications.

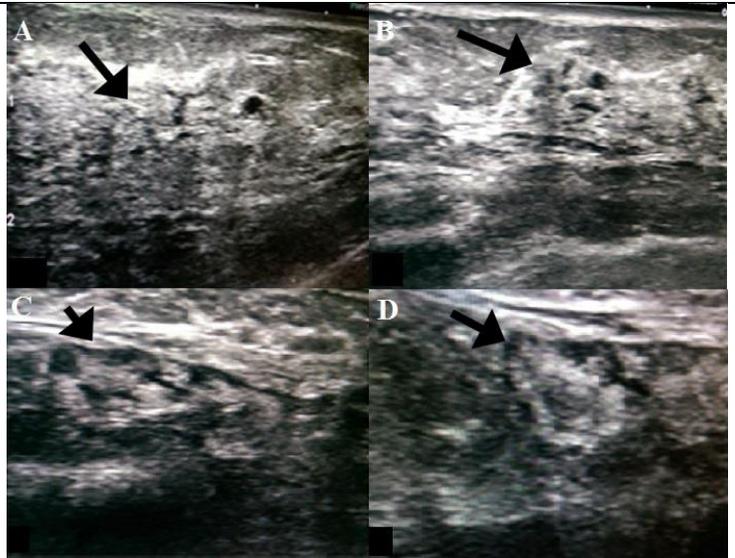


Figure 2: ultrasonographic images of both breasts & axilla: Right (A) & left (B) breasts showing bilateral early fibrocystic changes with no definite masses or architectural distortion. Right (C) axillary LN & left (D) axillary LNs are with preserved shape and hila.

Ultrasound revealed only bilateral symmetrical heterogeneous background parenchyma with no architectural distortion or masses. Multiple tiny cysts were scattered in the upper outer quadrants of both breasts. Both axillary regions revealed benign-looking axillary lymph nodes. The final conclusion was bilateral early fibrocystic disease (BIRADS 2). Inguinal ultrasonography revealed enlarged right inguinal lymph nodes showing distorted shape and lost hilum. Cytological examination of the ascitic fluid revealed malignant cells. Core needle biopsy from the enlarged right inguinal lymph nodes (Fig. 3) revealed cores of lymphoid tissue and mature fatty tissue infiltrated by cords and clusters of malignant epithelial cells separated by desmoplasia.

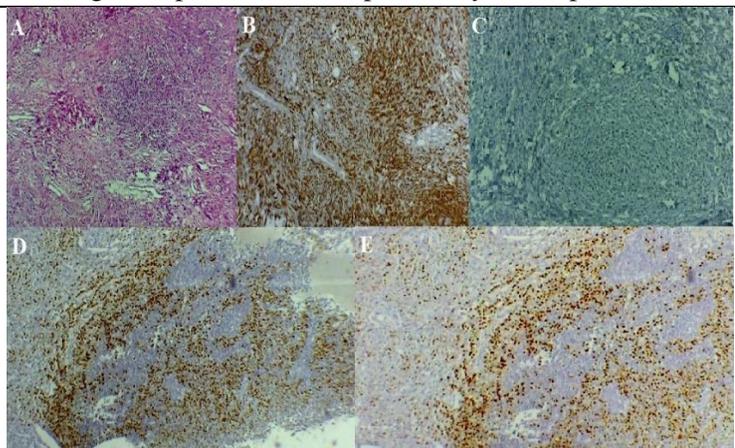


Figure 3: microscopic picture of the inguinal LN core needle biopsy (A) Hematoxylin and Eosin (Hx &E.) (B) Positive cytoplasmic staining for CK (C) Positive nuclear staining for ER (D) Positive nuclear staining for PR (E) Positive nuclear staining for mammoglobin

Immunohistochemical (IHC) studies (on the core needle biopsy not the ascitic fluid) were positive for cytokeratin (CK), estrogen receptor (ER), progesterone receptor (PR) and Mammoglobin, and negativity for CK20, Wilm's tumor-1 (WT-1) and inhibin, suggesting metastatic carcinoma of breast origin.

Ultrasound-guided core needle biopsy on areas of breast parenchymal heterogeneity was negative for malignancy. Dynamic post contrast breast MRI (Fig. 4) revealed heterogeneous fibro glandular tissue and moderate background parenchymal enhancement with no definite masses, non-mass like enhancement or enhancing foci.

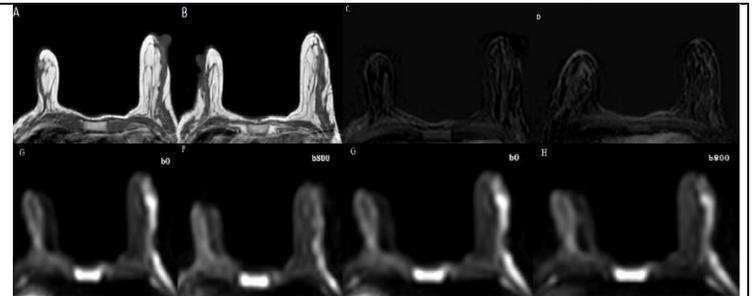


Figure 4: Pre and post contrast bilateral breast MRI Non-contrast T1WI (A) & (B) shows the normal fibrofatty glandular parenchyma of breasts. Subtracted images (C) & (D) showed no masses, mass like or foci of abnormal enhancements. Diffusion weighted images (E), (F), (G), (H) at low and high b values shows no restriction.

Multidisciplinary team (MDT) discussion requested random core needle biopsy from both breasts. Microscopic examination of the biopsy (Fig. 5) revealed cords of discohesive atypical cells invading fat, showing positive staining for CK. This led to the diagnosis of invasive lobular carcinoma. The final staging was stage IV.

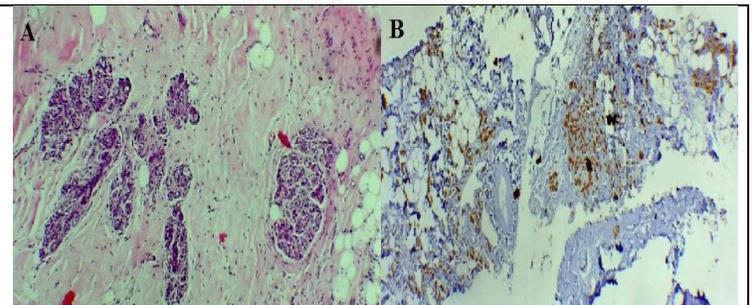


Figure 5: Core needle biopsy from the breast (A) Stained by Hx &E. (B) Positive staining for CK.

For nearly three years, the patient received palliative treatment. She received 8 cycles of docetaxel/carboplatin protocol with good response in resolution of the ascites and omental thickening, but with stationary course in inguinal, iliac lymph nodes and bilateral ovarian masses, though CA 15-3 and CA 125 normalized. According to RECIST criteria, this response was considered as partial response (PR). The patient was maintained on hormonal treatment (anastrozole) for about one year. However, the disease progressed with ascites re-accumulation; cytological assessment of the fluid

revealed malignant cells. Vulvar nodules appeared as well whose biopsy revealed infiltration by the same malignant tumoral tissue formed of cords of atypical cells with increased nuclear/cytoplasmic (N/C) ratio, pleomorphism and hyperchromatic nuclei arranged in Indian file pattern (Fig. 6).

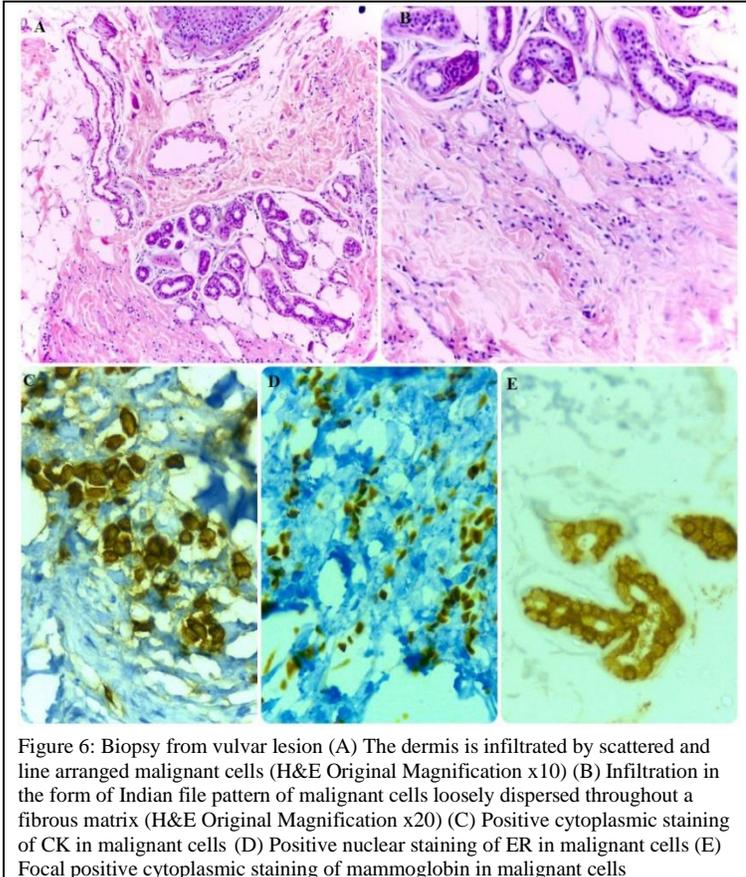


Figure 6: Biopsy from vulvar lesion (A) The dermis is infiltrated by scattered and line arranged malignant cells (H&E Original Magnification x10) (B) Infiltration in the form of Indian file pattern of malignant cells loosely dispersed throughout a fibrous matrix (H&E Original Magnification x20) (C) Positive cytoplasmic staining of CK in malignant cells (D) Positive nuclear staining of ER in malignant cells (E) Focal positive cytoplasmic staining of mammoglobin in malignant cells

Immunohistochemistry for CK and ER showed positive reaction in neoplastic cells, and for mammoglobin and PR showed focal positive reaction. The patient received 6 cycles of Endoxan and Pharrmarubicin and regression was achieved, after which she was put on Exemestane since February, 2019 till her last visit in September, 2019.

### Discussion

Invasive lobular carcinoma is the second most common type of breast cancer, accounting for 5–15% of invasive breast cancer subtypes (2). In contrast to invasive ductal carcinoma, the lobular type is characterized by the unusual pattern of metastasis to serosal surfaces, gastrointestinal tract and retroperitoneum (3).

The available radiology tools such as ultrasound, mammogram and MRI have limitations in the diagnosis of ILC. Although MRI has a higher sensitivity than mammography, it is still less accurate in detecting ILC than other invasive cancers. The lower accuracy may be because

ILC shows only subtle enhancement and its distribution mimics that of normal breast parenchyma (4,5). In our case, the radiological appearance of both breasts was not suggestive of malignancy as only core biopsies from inguinal lymph node and random breast biopsy lead to the diagnosis. We consider these findings to be reported for the first time.

Pathological diagnosis of an invasive lobular carcinoma can be difficult because this tumor is characterized by small relatively uniform cells that invade the surrounding tissue, with a weak desmoplastic reaction. This could be more misleading in the absence of a clinically evident primary tumor (6). Invasive lobular carcinoma cells lack cohesiveness due to inactivation of E-cadherin, which eventually leads to early and unusual pattern of metastasis even before diagnosis of the primary tumor (7). This lack of cohesiveness could explain why our patient presented with ascites, ovarian lesions and inguinal lymphadenopathy despite clinically and radiologically normal breast that was initially negative even by ultrasound guided biopsy. This, also, may explain how the random biopsies led to the diagnosis. Either the time between the two biopsies was sufficient for the tumor to progress, or the heterogeneous areas described by ultrasonography were not affected by the tumor. Human error by the radiologist in performing the biopsy may be an explanation as well.

Breast cancer metastasis to the non-regional lymph nodes – mediastinal, retroperitoneal or pelvic-is uncommon. Till now, inguinal lymph node metastasis from breast cancer is rarely reported in English literature (8). Several pathways had been proposed to explain this unusual pattern of metastasis: through the skin and subcutaneous tissue, retrograde spread through submuscular fascia due to blockage of axillary lymphatics, altered lymphatic pathway, or presence of ectopic breast tissue in the vulva (9,10)

To the best of our knowledge, eight cases of inguinal lymph node metastasis from breast cancer have been reported in English literature. Table 1 summarizes the clinicopathological data of the reported cases.

Skin metastasis may be encountered in 0.2–9% of autopsy specimens of patients with a known malignancy, reported either synchronously, metachronously or even as the initial presentation. Skin metastasis was most commonly reported with breast and lung carcinomas with a reported incidence in breast carcinoma reaching up to 23.9% (11,12). It was most commonly encountered on chest wall and lateral trunk, and may be due to either direct invasion, local or distant metastasis (13). In our case, the metastatic cutaneous lesions were nodular and were present on the vulva and medial aspect of the thigh. This finding is interesting as vulvar secondaries are considered a rare event, accounting for 5–8%

of all vulvar cancers. In their study in 2003, Neto et al. reported 4 cases (6%) of vulvar metastasis from primary breast origin out of 66 cases (14). To the best of our knowledge, this is the twenty third reported case of vulvar metastasis from breast cancer and the sixth of invasive lobular subtype (15, 16, 17).

Table 1. The clinicopathological data of the reported cases of inguinal lymph node metastasis from breast cancer

Author, Year	cancer type & molecular biology	Primary/ Recurrent	Treatment	Other metastasis
Baba, 2000 (9)	Tubular carcinoma, ER & PR negative	Primary	Chemo-radiotherapy (CRT)	No
Kilciksiz, 2006(18)	Duct carcinoma, ER & PR negative	Recurrent	CRT+ hormonal	Iliac and paraortic LNs
Jebbin, 2008(1)	Lobular carcinoma, N/A	Primary	Chemotherapy	No
Jebbin, 2008(1)	Duct carcinoma, N/A	Primary	The patient refused	Supraclavicular LNs & iliac mass
Goyal, 2014(8)	Carcinoma with apocrine diff., ER & PR negative	Recurrent	CRT	No
Juel, 2017(19)	Lobular carcinoma, Luminal B	Recurrent	Chemotherapy + hormonal	Bone metastasis
Al-Mansouri, 2018 (20)	Not available, Luminal B	Primary	CRT	Pelvic + infradiaphragmatic LNs
Ganesh, 2019(21)	Lobular carcinoma, Triple negative	Recurrent	Chemotherapy	Bone metastasis

### Conclusion

Thorough clinical assessment including all lymph nodes basin and gynecological assessment is crucial in all breast cancer cases particularly those with suspected unusual pattern of metastasis like invasive lobular subtypes.

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